

RUDOLF STEINER COLLEGE

RENO COMMUNITY LEARNING CENTER • FOUNDATION STUDIES PROGRAM

The Foundation Studies Program serves as the **prerequisite** to the Waldorf Teacher Education Program and Masters Degree programs

Program Description

The Foundation Studies Program offers students the opportunity to begin a journey of self-discovery, meet ideas out of Waldorf education and anthroposophy (the work of Rudolf Steiner), and experience a full range of artistic offerings. The rich variety of classes – including history, literature, philosophy, personal biography, and the arts – offer varied lenses through which to explore human development.

The schedule of each class day integrates thinking and discussion with active involvement in the arts. Attention is given to working together to form a cohesive group by developing effective means of communication and discovering one another's gifts and talents.

Foundation Studies Course Summary:

The Path of Knowledge (3.5 units)

The Philosophy of Freedom
Parzifal
Inner Work

Our highest endeavor must be to develop free human beings who are able, of themselves, to impart meaning and purpose to their lives.

~ Rudolf Steiner

Evolution of Consciousness & Culture (4.5 units)

The Nature of the Human Being, Temperaments, & Human Destiny
Evolution of Consciousness
Social Explorations (Three-Fold Social Order, Festivals, Group Work)

Introduction to Waldorf Education (3 units)

Introduction to Waldorf Education
Observation
Introduction to Educational Approaches

This year of anthroposophical study, self exploration, and grooming of hidden artistic talents has been more satisfying than any previous educational endeavor.

~ Carolyn Peterson, Ph. D

Epistemology & Phenomenology (1 unit)

Nature Studies
Cosmology

Self-Transformation through the Arts (4 units)

Music, Singing, Recorder/Wooden Flute
Drama, Speech, Storytelling
Painting, Nature Drawing, Forms/Clay Modeling
Eurythmy

This is life training. This is about experiencing deeply who you are and why you are here on earth. This is a training that helps you to reach your potential in this lifetime, not only for yourself, but for all of humanity. The support and guidance from my classmates and teachers have made this journey most beautiful and deep.

~ Jennifer De Renzi

Topics in Anthroposophy (2 units)

Introduction to Anthroposophy
Research Project