



Heart To Hand School
A Waldorf Educational Initiative

and RUDOLF STEINER COLLEGE

are delighted to present

An Education for our Times:
How Waldorf Education
Prepares Children for the 21st Century

with **Astrid Schmitt-Stegmann & Marguerite McKenna**

Saturday • March 13, 2010 • 10:00-4:00

Heart To Hand School, 953 West Peckham Lane, Reno, NV

Cost: Free

Together we will focus on aspects of the Waldorf curriculum that help to build the **many-faceted and flexible inner resources** that children – and adults – need to function in the challenging and demanding world of the 21st century.

We will also explore **what parents may do** at home to address these developmental needs in their children ... and in themselves.

Astrid's highly informative and participative presentations will alternate with Marguerite's lively and inspiring eurythmy (artistic movement) sessions.

Astrid Schmitt-Stegmann, MA

Astrid taught for many years in Waldorf schools in the United States and Germany. In addition to heading the Waldorf Teacher Education Programs at Rudolf Steiner College, she has been a teacher educator, lecturer, and mentor at teacher training centers and Waldorf schools in the United States, Germany, Russia, Thailand, the Philippines, and India for nearly three decades.

Astrid is currently teaching at Rudolf Steiner College in Sacramento, CA, and at the Goetheanum in Dornach, Switzerland, as well as assisting Dr. Michaela Gloeckler, Head of the Medical Section of the Goetheanum, with international support for the worldwide medical and Waldorf movement.

Among other publications, Astrid wrote the introduction to *Practical Advice to Teachers: 14 Talks by Rudolf Steiner*, translated and published by SteinerBooks.

Marguerite McKenna

Marguerite graduated from the Eurythmy Training Program at Rudolf Steiner College. As an educator, she teaches eurythmy to both children and adults at Rudolf Steiner College and other Waldorf schools and programs. As a performer, she will be moving to the international stage this summer when she joins the Goetheanum's touring eurythmy performance group.

Marguerite is also pursuing a master's degree in Spiritual Philosophy from Prescott College. Her area of focus is the esoteric nature of eurythmy in relationship to the evolution of consciousness. She has presented academic papers about eurythmy and anthroposophy at international conferences in the United States, Mexico, and India.

One of Marguerite's articles was recently published in *Evolving News for Members and Friends*, entitled "Eurythmy and the Post-Enchanted World." She has a forthcoming article scheduled to appear this summer in the EANA Newsletter, the quarterly publication for the Eurythmy Association of North America.

For more information, go to www.HeartToHand.org or call 775-348-6622